

# EWSC Programs for the 2023-2024 Seasonal Year

## Contents

Revision History .....	2
Contacts.....	2
Competitive Soccer (The Travel Program) .....	3
Formation of teams .....	3
Girls are eligible to play on boys' teams. ....	5
Competition .....	5
Compatibility of club soccer in parallel with school soccer.....	5
Number of games .....	5
Traveling required .....	5
Fun of traveling .....	6
Travel uniform .....	6
Volunteers are needed.....	6
Registration Fee.....	6
How to register for Travel.....	6
Further information .....	7
Recreational Soccer (The REC Program) .....	7
Player Ages .....	7
Objective .....	7
Location.....	7
Fall REC Season .....	7
Head Coach.....	7

# EWSC Programs for the 2023-2024 Seasonal Year

Volunteers.....	8
Spring REC Season.....	8
Uniform .....	8
Volunteers Needed .....	8
Registration Fee.....	8
How to register for REC .....	8
Further Information.....	8
Spring REC Flyer.....	9
Glossary.....	9
Definition of <i>Seasonal Year</i> .....	9
Definition of <i>U Level</i> .....	9
Definition of <i>Playing-up</i> .....	10

## Revision History

Version 4	6/11/23	This document reflected our pre-season plans based on assumptions we made regarding players and volunteers.
Version 5	9/14/23	This document now describes our program as it stands after the fall teams have been formed and the fall season has started.
Version 6	2/1/24	Added details about our Spring REC program.

## Contacts

Travel Director	Alex Gazis <a href="mailto:alex@gazisassociates.com">alex@gazisassociates.com</a> (860) 810-0803
-----------------	--

# EWSC Programs for the 2023-2024 Seasonal Year

REC Director	Bryan Kooharian nck023@yahoo.com (203) 910-5872
Club President and immediate past REC Director	Joe Unsworth <a href="mailto:joseph.unsworth@gartner.com">joseph.unsworth@gartner.com</a> +1 (617) 913-7608

## Competitive Soccer (The Travel Program)

### Formation of teams

The pool of players that registered on time for the 2023-2024 fall season was used to form the following teams:

U14 Girls, U12 Girls, U13 Boys, U11 Boys, and U10 Boys.

We had an insufficient number of registrants to form U8 or U9 teams for boys or girls. Players in this age group who wanted to play on a competitive travel team are [playing-up](#) (see below).

Players born in 2016 (U8) are encouraged to register in our REC program. We generally do not have a U8 boys' team, but we allow U8 boys to register for Travel to let us know they are interested in playing Travel soccer instead of, or in addition to, REC.

Divisions and Teams	Birth Year	Coaches/Volunteers	Policy
U10 Boys Division E. Windsor U10B	2016 2015 2014	<ul style="list-style-type: none"> <li>• Victor ONTIVEROS (Head Coach)</li> <li>• Angela Filipone (Team Manager)</li> <li>• Nick Filipone (Assistant Coach)</li> <li>• Adnan Al Sayed (Team Parent)</li> </ul>	<p>We were fortunate to have volunteers step up to run this team.</p> <p>We have a mix of age ranges on this team.</p>

# EWSC Programs for the 2023-2024 Seasonal Year

Divisions and Teams	Birth Year	Coaches/Volunteers	Policy
U11 Boys Division E. Windsor U11B	2015 2014 2013	<ul style="list-style-type: none"> <li>• Michael Ellis (Head Coach)</li> <li>• Mirhat Berbic (Assistant Coach)</li> </ul>	We have a mix of age ranges on this team.
U13 Boys Division E. Windsor U13B	2013 2012 2011	<ul style="list-style-type: none"> <li>• Albert Raymond (Head Coach)</li> <li>• David Hallett (Assistant Coach)</li> <li>• Seifu Kassa (Assistant Coach)</li> <li>• Roxanne Vendetti (Assistant Coach)</li> <li>• Nicholas Blanchard (Team Parent)</li> </ul>	We have a mix of age ranges on this team.
U12 Girls Division E. Windsor U12G	2014 2013 2012	<ul style="list-style-type: none"> <li>• Joseph Unsworth (Head Coach)</li> <li>• Michael Bartholomew (Assistant Coach)</li> <li>• Jeromy Miles (Assistant Coach)</li> <li>• Hannah Thibodeau (Assistant Coach)</li> </ul>	We have a mix of age ranges on this team.
U14 Girls Division E. Windsor U14G	2012 2011 2010	<ul style="list-style-type: none"> <li>• Alexander Gazis (Head Coach)</li> <li>• Tony Bernardino (Assistant Coach)</li> <li>• Christine Menard (Assistant Coach)</li> <li>• Michael Parakilas (Assistant Coach)</li> </ul>	We have a mix of age ranges on this team.

# EWSC Programs for the 2023-2024 Seasonal Year

## Girls are eligible to play on boys' teams.

The rules allow girls to play on boys' teams, but boys cannot play on girls' teams. If your player is a girl who likes soccer and really wants to play, and we don't offer a girls' team in her age group, she can play on a boys' team if you and she are comfortable with that.

## Competition

Travel is a competitive program in that teams try to win and compete for the highest standing in their respective divisions. The [U10](#) and younger age groups are developmental. They compete against each other, but they do not have the option to compete in the CT Cup for a statewide championship. U11 and older are eligible to enter the CT Cup but are not required to do so.

## Compatibility of club soccer in parallel with school soccer

There are benefits to playing for EWSC even if you also want to play for East Windsor Middle School (EWMS) or another school that has a soccer program.

1. School teams have practices and games on weekdays. EWSC games are played on weekends.
2. Players get extra playing time by playing for both EWSC and their school.
3. Many schools offer soccer in the fall season only. EWSC offers both fall and spring. We also try to have winter sessions.

## Number of games

Each team plays about five or more **league** games in each season depending on how many opponents are in the same flight (grouping). Additionally, there are **friendly** games that coaches arrange with other clubs. League games count in the standings. Friendly games do not.

## Traveling required

About half of the games are home games. Home games are played on our premium fields at Abbe Rd. behind Scout Hall. The road games are played in the [Central and North-Central CJSA districts](#). Some towns are nearby such as Suffield, Windsor Locks, Windsor, East Granby, South Windsor, and Enfield. Some are farther away such as Hartford, West Hartford, Wethersfield, Rocky Hill, Cromwell, Bristol, and East Hampton. Probably only two or three games will require travel to one of the more distant towns. We play teams of comparable rank to our teams.

# EWSC Programs for the 2023-2024 Seasonal Year

## Fun of traveling

Parents and players find it interesting to visit other towns, meet other parents, coaches, and players; see other sights, etc.

## Travel uniform

EWSC requires Travel players to order their uniforms through [We Got Soccer](#).

If you want to use the above link later, you can find it on the [EWSC Home Page](#) under **Helpful Links**.

**Order early** to ensure you get your uniform on time.

If you recently bought an EWSC uniform from We Got Soccer, you don't need to buy it again unless you need replacement parts or a larger size.

## Volunteers are needed.

We need the next generation of [volunteers](#) to give something back to their community and to keep the East Windsor Soccer Club going.

Each team must have a head coach and preferably one or more assistant coaches and/or team parents.

Anyone can volunteer. Parents, guardians, perhaps a college student who wants to earn volunteer credit or anyone who feels good working with youths and giving back to their community.

No experience necessary. Our staff can help you. Look at the many [free resources available to coaches](#).

## Registration Fee

Your registration fee includes the Fall 2023 season and the Spring 2024 season. You register once per [seasonal year](#).

## How to register for Travel

Click the *Register* button on the [www.ewsoccer.com](http://www.ewsoccer.com) home page. If your player falls into a gender/age range that matches one of the above teams, you will see a *division* or divisions that you can register for. You will be put on a wait list until we determine if there is an opening on a team.

# EWSC Programs for the 2023-2024 Seasonal Year

## Further information

Please reach out to our Travel Director, [Alex Gazis](#), for more information regarding our travel teams. You may also reach out to our President, [Joe Unsworth](#), if you have other questions.

## Recreational Soccer (The REC Program)

### Player Ages

For the 2023-2024 [seasonal year](#), the EWSC REC program is intended for boys and girls with birth years 2018 (U6), 2017 (U7), and 2016 (U8). U8 players can also register for [Travel](#) soccer if interested, but we might not have travel openings for that age group.

Players younger than five can register for [Soccer Shots](#) through the [East Windsor Parks and Recreation Department](#).

### Objective

The emphasis is on fun and getting players to like soccer so they will stick with it year after year. Coaches teach the most basic techniques and then let the players have fun.

### Location

REC teams have their practices and games at Osborn Field, 180 S Water St, E Windsor.

### Fall REC Season

There are two weekday practices plus games on Saturday mornings.

We have 30 players divided into four teams that play small-sided games on Saturdays. Small-sided games let players touch the ball more often and are the best way to train young players. We have a professional coach to run the practices and mentor our volunteers. We always need new [volunteers](#) to replace those who move up to older age groups as their kids move up.

Head Coach

Coach Nickolas Giglietti, from *Futsal & Street Soccer*, directs the Rec program and mentors other volunteers.

# EWSC Programs for the 2023-2024 Seasonal Year

## Volunteers

- Adnan Al Sayed (Team Parent)
- Bob Carleton (Assistant Coach)
- Karina Cuevas (Assistant Coach)
- David Romero (Assistant Coach)
- Deborah Romero (Assistant Coach)
- Adam Spiegel (Assistant Coach)

## **Spring REC Season**

We plan to have a professional coach run a weekly skills and drills clinic for about 6 weeks. If we have enough players, we can form teams and have games.

## **Uniform**

A shirt, shorts, and socks are included in the registration fee.

## **Volunteers Needed**

We need [volunteers](#) for Assistant REC Director(s).

## **Registration Fee**

Your registration fee includes the Fall 2023 season and the Spring 2024 season. You register once per [seasonal year](#). If you missed the fall registration, you can register for the spring program.

## **How to register for REC**

Click the *Register* button and you will see the option to choose the REC program if your player is in the applicable age range. You will be put on a wait list until we determine if there is an opening on a team.

## **Further Information**

[Bryan Kooharian](#) is our REC director.



# EWSC Programs for the 2023-2024 Seasonal Year

## Spring REC Flyer



## 2024 EAST WINDSOR SOCCER

### Spring Clinics

East Windsor Soccer Club will be holding weekly Clinics, **Powered By Premier CT Football Club (CFC)**, for all levels of players with birth years 2016-2018 (ages 5-7, *note Select 2016 players are eligible for U9 Travel; although we may not have enough Girls for U9G team, contact Alex below*). **Fall 2023 Soccer Registration INCLUDES Spring Clinic – No Registration Required**

- **When:** Tuesdays at 5:30-6:45PM Starting on 4/9 for 6 Weeks (rain make-ups possible)
- **Where:** Osborn Field, 180 S Water St, East Windsor
- **Cost/Deadline:** Register by March 15<sup>th</sup> = \$50 per Player, Ends April 1<sup>st</sup> = \$75

## Glossary

### Definition of Seasonal Year

The soccer seasonal year starts on September 1 and ends on August 31 of the following year.

### Definition of U Level

U stands for *under*. The age of every player on the team must be under the U level. Subtract your child's birth year from the year that the seasonal year ends to determine his/her age bracket for that seasonal

# EWSC Programs for the 2023-2024 Seasonal Year

year. Example: A player born in 2010 falls into the U14 age bracket during the 2023 – 2024 seasonal year because  $2024 - 2010 = 14$ . This player is eligible to play on a U14 team or older but is ineligible to play on a U13 team or younger. [Refer to the U.S. Youth Soccer Age Chart](#).

## **Definition of *Playing-up***

*Playing-up* is the term used to describe when a younger player plays on a competitive Travel team that is open to older players. The younger player may or may not be at a disadvantage depending on his/her size and skill compared to the sizes and skills of teammates and opponents. Small towns, such as East Windsor, often need some younger players to play-up so that there will be enough players to form complete teams. For example, we might have a boys' Travel team with ages 7 and 8 playing together on a U9 team, and a girls' Travel team with ages 10, 11, and 12 playing together on a U13 team. The opponents we play often find themselves in the same situation. If you are uncomfortable with your child playing up, you can ask us to withdraw your registration and give you a refund.